



Texas Orthopedics, Sports & Rehabilitation Associates

Narcotic Prescriptions

In accordance with Federal regulations, as well as recommendations from the Texas Medical Board, Texas Orthopedics has established the following policies regarding narcotic prescriptions.

- Refill requests could take 24 hours, and often closer to 48 hours to process. Medications containing Hydrocodone and other scheduled medications will require you to physically pick up a hand written prescription. Same day requests may not be possible. Please plan ahead.
- Narcotic refills will NOT be approved after hours.
- Texas Orthopedics' physicians will refill narcotic pain medications for a maximum of 90 days. If narcotic pain management is required beyond 90 days, then a referral to your primary care physician or a chronic pain specialist will be made for this continued care.
- You may now request medication refills on our patient portal at www.txortho.com. Ask one of our staff members to enable your account today.

Trust and confidence is necessary in a provider/patient relationship. Therefore, in filling a prescription written by a Texas Orthopedics physician or midlevel provider for narcotic medications, you understand:

- Narcotic therapy will be stopped if you: sell, abuse, overtake or misuse your medication, take more than prescribed, obtain pain medications from other sources (physicians or multiple pharmacies), or fail to keep appointments.
- In the event of documented narcotic abuse, further prescriptions will not be made and you may be discharged from care. Illegal activity will be reported to the appropriate authorities.
- In the event of suspected narcotic dependence, a referral may be made to a Dependency Treatment Specialist.
- You should get future refills from your Texas Orthopedics physician only, while you are being treated here. If you are getting narcotics from another physician (like your primary care physician or an emergency room) you should tell us right away.
- Take medications only as prescribed. Taking medication in amounts not prescribed may result in coma and/or death. If there are changes in your pain, call our office or schedule a visit for evaluation. **Do not self-increase your medication.**
- Please secure your medications, especially if you have pets or children. We are unable to replace medications that are lost.